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COMMUNICATIONS

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**COWBOYS QB TONY ROMO, SEAHAWKS LB BOBBY WAGNER &
CARDINALS SPECIAL TEAMER JUSTIN BETHEL
NAMED NFC PLAYERS OF MONTH FOR DECEMBER**

Quarterback **TONY ROMO** of the Dallas Cowboys, linebacker **BOBBY WAGNER** of the Seattle Seahawks and special teamer **JUSTIN BETHEL** of the Arizona Cardinals are the NFC Offensive, Defensive and Special Teams Players of the Month for December, the NFL announced today.

OFFENSE: QB TONY ROMO, DALLAS COWBOYS

- Romo led the Cowboys to a 4-0 record in December as the team won the NFC East. He completed 83 of 111 passes (74.8 percent) for 987 yards with 12 touchdowns and one interception for a 133.7 passer rating, the highest December passer rating in NFL history (minimum 100 attempts).
- He is the first Cowboys quarterback to go 4-0 as a starter in December since Pro Football Hall of Famer **TROY AIKMAN** in 1993.
- Romo had a 100+ passer rating in all four games during the month, throwing multiple touchdowns in each contest.
- He led the league with 113.2 passer rating, the highest single-season mark in franchise history.
- Romo was selected to his fourth Pro Bowl.
- In his 12th season from Eastern Illinois, this is Romo's fourth career Player of the Month Award. He was previously honored in November 2006, September 2007 and December 2009.
- Romo and Aikman (October 1993) are the only quarterbacks in team history to be named Player of the Month.
- This is the first time in team history the Cowboys have won three Offensive Player of the Month Awards in a season. Running back **DE MARCO MURRAY** was honored in September and October.

DEFENSE: LB BOBBY WAGNER, SEATTLE SEAHAWKS

- Wagner had a team-best 36 tackles, including one sack, and a pass defended as the Seahawks posted a 4-0 record in December, winning the NFC West and earning home-field advantage.
- He led the team in tackles in three of Seattle's four games, posting at least seven tackles in every game.
- His pass defended in Week 17 resulted in **BRUCE IRVIN**'s 49-yard interception-return touchdown.
- The Seahawks led the NFL in December allowing 8.3 points per game and 211.3 total net yards per game. Seattle also led the league during the month in net passing yards allowed per game (144.3) and ranked second in rushing yards allowed per game (67.0).
- Wagner was selected to his first career Pro Bowl.
- In his third year from Utah State, this is Wagner's first career Player of the Month Award.
- Wagner is the second Seahawks linebacker to be named Defensive Player of the Month, joining **CHAD BROWN** (November 1998).

SPECIAL TEAMS: ST JUSTIN BETHEL, ARIZONA CARDINALS

- Bethel led the NFC with eight special teams tackles during the month and had a forced fumble in December as the Cardinals finished the season with 11 wins and clinched a playoff berth.
- Bethel was a key member of a special teams unit that had an NFL-best 13 punts inside the 20-yard line during the month. In December, Arizona allowed six punt returns for a league-low two yards and a 0.3 yard average.
- Five of his eight special teams tackles were either at or inside the 20-yard line. He also downed a punt at the five.
- Bethel was selected to his second consecutive Pro Bowl as a special teamer.
- In his third season from Presbyterian, this is Bethel's first career Player of the Month Award.
- Bethel joins **PATRICK PETERSON** (November 2011) as the only non-kickers in franchise history to be named Special Teams Player of the Month.

2014 NFC PLAYERS OF THE MONTH

	<u>Offense</u>	<u>Defense</u>	<u>Special Teams</u>
September	RB DeMarco Murray, Dallas	LB DeAndre Levy, Detroit	P Jon Ryan, Seattle
October	RB DeMarco Murray, Dallas	DE Everson Griffen, Minnesota	K Shayne Graham, New Orleans
November	QB Aaron Rodgers, Green Bay	LB Connor Barwin, Philadelphia	K Matt Bryant, Atlanta
December	QB Tony Romo, Dallas	LB Bobby Wagner, Seattle	ST Justin Bethel, Arizona